Republic of Latvia

Cabinet

Regulation No. 19

Adopted 7 January 2021

**Regulations Regarding the Plants and Parts of Plants Prohibited for Human Consumption**

*Issued pursuant to*

*Section 4, Paragraph eighteen of the Law on the Supervision of the Handling of Food*

1. The Regulation prescribes the plants and parts of plants prohibited for human consumption (Annex).

2. Food which is lawfully marketed in another European Union Member State or Turkey or the origin of which is and which is lawfully marketed in any of the Member States of the European Free Trade Association which is a contracting party to the Agreement on the European Economic Area may be distributed on the Latvian market in conformity with the provisions referred to in the directly applicable legal acts of the European Union regarding the mutual recognition of goods.

**Informative Reference to European Union Directive**

Legal norms are harmonised with the European Commission and the European Union Member States in accordance with Directive (EU) 2015/1535 of the European Parliament and of the Council of 9 September 2015 laying down a procedure for the provision of information in the field of technical regulations and of rules on Information Society services.

Prime Minister A. K. Kariņš

Minister for Agriculture K. Gerhards

**Annex**

Cabinet Regulation No. 19

7 January 2021

**Plants and Parts of Plants Prohibited for Human Consumption**

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| No. | Name of the plant in English | Botanical denomination of the plant in Latin | Plant or part of a plant |
| 1. | Adonis | *Adonis* spp. | Whole plant |
| 2. | Areca palm | *Areca catechu* L. | Whole plant |
| 3. | Aristolochia | *Aristolochia* spp. | Whole plant |
| 4. | Mountain arnica | *Arnica montana* L. | Whole plant |
| 5. | Chamisso arnica | *Arnica chamissonis* Less. | Whole plant |
| 6. | Jesuit’s tea, medicinal | *Chenopodium ambrosioides* L. var. *anthelminticum* (L.) A. Gray | Whole plant |
| 7. | Baptisia | *Baptisia* spp. | Whole plant |
| 8. | Bittersweet | *Solanum dulcamara* L. | Whole plant |
| 9. | Deadly nightshade | *Atropa belladonna* L. | Whole plant |
| 10. | Corydalis | *Corydalis* spp. | Whole plant |
| 11. | Herb-Paris | *Paris quadrifolia* L. | Whole plant |
| 12. | Spurge | *Euphorbia* spp. | Whole plant |
| 13. | Dieffenbachia | *Dieffenbachia* spp. | Whole plant |
| 14. | Henbanes | *Hyoscyamus* spp. | Whole plant |
| 15. | Ephedra | *Ephedra* spp. | Whole plant |
| 16. | Angel’s trumpets | *Brugmansia* spp. | Whole plant |
| 17. | Bracken fern | *Pteridium aquilinum* (L.) Kuhn. | Whole plant |
| 18. | Pokeweeds | *Phytolacca* spp. | Whole plant |
| 19. | Fritillaries | *Frittillaria* spp. | Whole plant |
| 20. | Gelsemium | *Gelsemium* spp. | Whole plant |
| 21. | Heliotropes | *Heliotropium* spp. | Whole plant |
| 22. | Nicaragua ipecac, Panama ipecac | *Cephaelis acuminata* (Benth.) Karst., syn. *Uragoga acuminata* (Benth.) O. Kuntze, *Psychotria acuminata* Benth. | Roots |
| 23. | Rio ipecac, Brazilian ipecac | *Cephaelis ipecacuanha* (Brot.) A.Rich. syn. *Uragoga ipecacuanha* (Brot.) Baill., *Psychotria ipecacuanha* (Brot.) Muell, Arg. (auch Stokes) | Roots |
| 24. | Holly | *Ilex aquifolium* L. | Leaves, fruits |
| 25. | Yohimbe | *Pausinystalia yohimbe* (K. Schum) Pierre ex Beille | Bark |
| 26. | Periwinkle | *Vinca* spp. | Whole plant |
| 27. | Croton | *Croton* spp. | Whole plant |
| 28. | Madagascar periwinkle | *Catharanthus roseus* (L.) G.Don | Whole plant |
| 29. | Lily-of-the-valley | *Convallaria majalis* L. | Whole plant |
| 30. | Ragworts | *Senecio* spp. | Whole plant |
| 31. | Wild ginger | *Asarum* spp. | Whole plant |
| 32. | Aconite | *Aconitum* spp. | Whole plant |
| 33. | Lobelias | *Lobelia* spp. | Whole plant |
| 34. | Mandrake, medicinal | *Mandragora officinarum* L. | Whole plant |
| 35. | Canadian moonseed | *Menispermum canadense* L. | Fruits, roots |
| 36. | Solomon’s seal | *Polygonatum* spp. | Whole plant |
| 37. | Velvet bean | *Mucuna pruriens* (L.) DC., syn. *Stizolobium pruriens* (L.) Medik. | Whole plant |
| 38. | Black nightshade | *Solanum nigrum* L. | Whole plant |
| 39. | Oleander | *Nerium* spp. | Whole plant |
| 40. | Common columbine | *Aquilegia vulgaris* L. | Whole plant |
| 41. | Male fern | *Dryopteris filix-mas* (L.) Schott, syn. *Aspidium filix-mas* (L.) Sw., *Lastrea filix-mas* (L.) Presl., *Polypodium filix-mas* L. | Whole plant |
| 42. | Jaborandi | *Pilocarpus* spp. | Whole plant |
| 43. | Florida fishpoison tree | *Piscidia piscipula* (L.) Sarg., syn. *Piscidia erythrina* L. | Whole plant |
| 44. | Devil peppers | *Rauvolfia* spp. | Whole plant |
| 45. | Sassafras | *Sassafras* spp. | Whole plant |
| 46. | Bryonia | *Bryonia* spp. | Whole plant |
| 47. | Sida | *Sida* spp. | Whole plant |
| 48. | Strychnos | *Strychnos* spp. | Whole plant |
| 49. | Strophanthus | *Strophanthus* spp. | Whole plant |
| 50. | Blue cohosh | *Caulophyllum thalictroides* (L.) Michx. | Whole plant |
| 51. | Poison hemlock | *Conium maculatum* L. | Whole plant |
| 52. | Comfrey | *Symphytum* spp. | Whole plant |
| 53. | Thuja | *Thuja* spp. | Whole plant |
| 54. | Urginea | *Urginea* spp. | Bulbs |
| 55. | Foxgloves | *Digitalis* spp. | Whole plant |
| 56. | Thorn-apple | *Datura* spp. | Whole plant |
| 57. | False hellebores | *Veratrum* spp. | Whole plant |
| 58. | Autumn crocus | *Colchicum* spp. | Whole plant |
| 59. | Windflowers | *Anemone* spp. | Whole plant |
| 60. | Mezereon | *Daphne mezereum* L. | Whole plant |
| 61. | Common laburnum | *Laburnum anagyroides* Medik. syn. *Cytisus laburnum* L. | Whole plant |

Minister for Agriculture K. Gerhards